

November 13, 2025

TO: Legal Counsel

News Media

Salinas Californian

El Sol

Monterey County Herald Monterey County Weekly

KION-TV

KSBW-TV/ABC Central Coast

KSMS/Entravision-TV

The next regular meeting of the **QUALITY AND EFFICIENT PRACTICES COMMITTEE - COMMITTEE OF THE WHOLE** of **SALINAS VALLEY HEALTH**¹ will be held **MONDAY, NOVEMBER 17, 2025, AT 8:30 A.M., HEART CENTER TELECONFERENCE ROOM, SALINAS VALLEY HEALTH MEDICAL CENTER, 450 E. ROMIE LANE, SALINAS, CALIFORNIA**.

(Visit https://www.salinasvalleyhealth.com/about-us/healthcare-district-information-reports/board-of-directors/meeting-agendas-packets/2025/ for Public Access Information).

Allen Radner, MD

President/Chief Executive Officer



<u>Committee Voting Members</u>: Catherine Carson, Chair, Rolando Cabrera, MD, Vice-Chair, Clement Miller, Chief Operating Officer, Carla Spencer, RN, Chief Nursing Officer; Richard Gerber, MD, Medical Staff Member.

Advisory Non-Voting Members: Administrative Executive Team.

QUALITY AND EFFICIENT PRACTICES COMMITTEE COMMITTEE OF THE WHOLE SALINAS VALLEY HEALTH¹

MONDAY, NOVEMBER 17, 2025, 8:30 A.M. HEART CENTER TELECONFERENCE ROOM

Salinas Valley Health Medical Center 450 E. Romie Lane, Salinas, California

(Visit Salinas Valley Health.com/virtualboard meeting for Public Access Information)

AGENDA

- 1. Call to Order / Roll Call
- 2. Public Comment

This opportunity is provided for members of the public to make a brief statement, not to exceed three (3) minutes, on issues or concerns within the jurisdiction of this District Board which are not otherwise covered under an item on this agenda.

- 3. Approve the Minutes of the Quality and Efficient Practices Committee Meeting of October 13, 2025. (CARSON)
 - Motion/Second
 - Public Comment
 - Action by Committee/Roll Call Vote
- 4. Patient Care Services Update (SPENCER)
 - Perioperative Services Unit Based Practice Council
- 5. Perioperative Services / ERAS Program updates (INMAN)
- 6. Women's and Children's Services Report (SPENCER)
- 7. Age Friendly Program Update (KUKLA/INMAN & SPENCER)
- 8. Closed Session
- 9. Reconvene Open Session/Report on Closed Session

10. Adjournment

The next Quality and Efficient Practices Committee Meeting is scheduled for Monday, December 15, 2025 at 8:30 a.m.

This Committee meeting may be attended by Board Members who do not sit on this Committee. In the event that a quorum of the entire Board is present, this Committee shall act as a Committee of the Whole. In either case, any item acted upon by the Committee or the Committee of the Whole will require consideration and action by the full Board of Directors as a prerequisite to its legal enactment.

The Salinas Valley Health (SVH) Committee packet is available at the Board Meeting, electronically at https://www.salinasvalleyhealth.com/~/about-us/healthcare-district-information-reports/board-of-directors/meeting-agendas-packets/2025/, and in the SVH Human Resources Department located at 611 Abbott Street, Suite 201, Salinas, California, 93901. All items appearing on the agenda are subject to action by the SVH Board.

Requests for a disability related modification or accommodation, including auxiliary aids or Spanish translation services, in order to attend or participate in-person at a meeting, need to be made to the Board Clerk during regular business hours at 831-759-3050 at least forty-eight (48) hours prior to the posted time for the meeting in order to enable the District to make reasonable accommodations.

QUALITY & EFFICIENT PRACTICES COMMITTEE COMMITTEE OF THE WHOLE SALINAS VALLEY HEALTH

AGENDA FOR CLOSED SESSION

Pursuant to California Government Code Section 54954.2 and 54954.5, the board agenda may describe closed session agenda items as provided below. No legislative body or elected official shall be in violation of Section 54954.2 or 54956 if the closed session items are described in substantial compliance with Section 54954.5 of the Government Code.

CLOSED SESSION AGENDA ITEMS

HEARINGS/REPORTS

(Government Code §37624.3 & Health and Safety Code §§1461, 32155)

Subject matter: (Specify whether testimony/deliberation will concern staff privileges, report of medical audit committee, hospital internal audit report, or report of quality assurance committee): _____

- 1. Report of the Medical Staff Quality and Safety Committee Accreditation and Regulatory Report (INMAN)
- 2. Quality and Safety Board Dashboard Review (KUKLA)
- 3. Consent Agenda:

Sepsis

Organ/Tissue Procurement

Respiratory Care

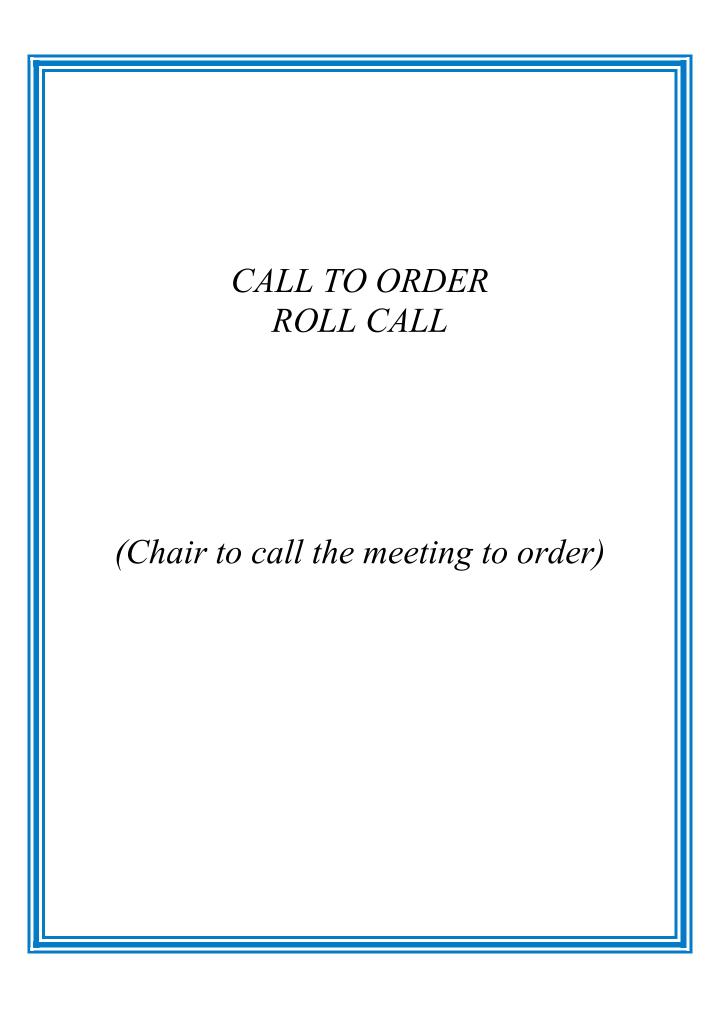
Transporters and Interpreters

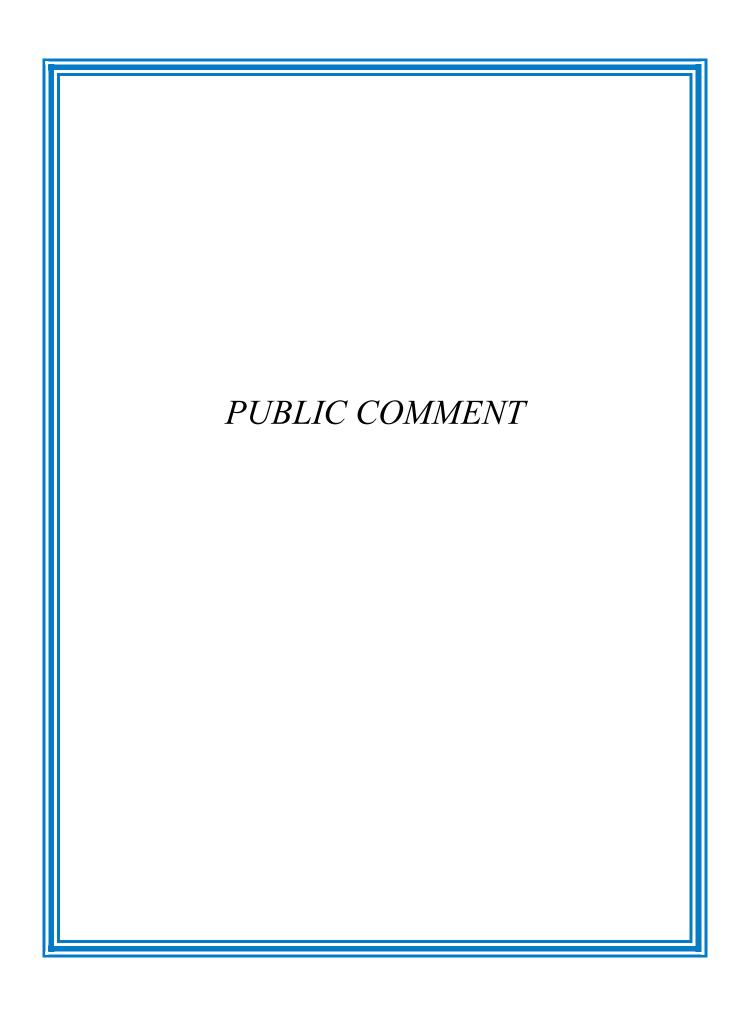
Cardiovascular Service Line

Case Management/Utilization Management

Taylor Farms Family Health and Wellness Center

ADJOURN TO OPEN SESSION







DRAFT SALINAS VALLEY HEALTH¹ QUALITY AND EFFICIENT PRACTICES COMMITTEE MEETING COMMITTEE OF THE WHOLE MEETING MINUTES OCTOBER 13, 2025

Committee Member Attendance:

<u>Voting Members Present</u>: Catherine Carson, Chair, Rolando Cabrera, M.D., Vice Chair, Clement Miller, COO, Carla Spencer, CNO; and Richard Gerber, M.D.;

Voting Members Absent: None;

Advisory Non-Voting Members Present:

In Person: Allen Radner, M.D., President/CEO, Timothy Albert, M.D., CCO, Iftikhar Hussain, CFO, Alysha

Hyland, CAO, Cheryl Pirozzoli, Family/Patient Council Advisor;

Via WebEx: Michelle Childs, CHRO, and Gary Ray, CLO;

Other Board Members Present, Constituting Committee of the Whole:

Via teleconference: Victor Rey, Jr.

Victor Rey left at 9:11 a.m. Dr. Cabrera left at 9:46 a.m.

1. CALL TO ORDER/ROLL CALL

A quorum was present and Chair Carson called the meeting to order at 8:31 a.m. in the Downing Resource Center CEO Conference Room 117.

2. PUBLIC COMMENT

None.

3. APPROVAL OF MINUTES FROM THE QUALITY AND EFFICIENT PRACTICES COMMITTEE MEETING OF SEPTEMBER 15, 2025.

Approve the minutes of the September 15, 2025 Quality and Efficient Practices Committee meeting. The information was included in the Committee packet.

PUBLIC COMMENT:

None

MOTION:

Upon motion by Committee Member Spencer, second by Vice-Chair Cabrera, the minutes of the September 15, 2025 Quality and Efficient Practices Committee Meeting are approved as presented.

ROLL CALL VOTE:

Ayes: Carson, Dr. Cabrera, Miller, Dr. Gerber and Spencer;

Nays: None;

Abstentions: None; Absent: None.

Motion Carried

¹Salinas Valley Memorial Healthcare System operating as Salinas Valley Health

4. PATIENT CARE SERVICES UPDATE: PEDIATRIC UNIT PRACTICE COUNCIL

Carla Spencer, CNO, introduced Pamela Yates, RN, Chair, and Lisa Sandberg, BSN, CPN, Co-Chair, who reported on the Council's purpose, 2025 goals, initiatives and data. Initiatives include gifting digital thermometers, and asthma education. Future initiatives will include nutrition and movement for obesity prevention and screening for postpartum depression. A full report was included in the packet.

COMMITTEE DISCUSSION: Epic will assist with data collection. Thermometer availability: the unit doesn't perform a social determinants of health assessment on pediatric patients but social workers identify needs to add to the patient/family support. Recommendations: (1) Involve school nurses in the Asthma Action Plan to assist with education; asthma camp information is provided if age appropriate. (2) Involve Tiffany DiTullio in the nutrition/movement initiative. (3) Consider vaccine education as a future initiative.

5. REPORT OF THE MEDICAL STAFF QUALITY AND SAFETY COMMITTEE

 Aniko Kukla, Director of Quality & Patient Safety, reported on the CMS Star Rating and Patient Experience Action Plan. Patient safety will be a current focus. A full report was included in the packet.

COMMITTEE DISCUSSION: The alarm fatigue project is a multidisciplinary house-wide project.

- Carla Spencer, CNO, and Cynthia Vargas, BS, CPXP, Patient Experience Manager, reported on Service Excellence (Patient Experience) and Complaints and Grievances. A full report was included in the packet.
 - **COMMITTEE DISCUSSION:** There is a physician-involved team focusing on Communication with doctors. Most of our patients are in the category of 75-79 years of age. Focusing on this group's complaints/lost items is an Age-Friendly initiative. Safety huddle discusses lost items daily.
- Brenda Inman, Vice President Quality and Risk Management, reported on the new multidisciplinary Patient Safety Structural Events Committee (PSEC) purpose, review process, membership and is aimed at system-level improvements through action plans and will be monitored for sustainability.

COMMITTEE DISCUSSION: PSEC will be a multidisciplinary team focusing on system-level improvements and will be a formalized process to discuss, review and ensure actions are put into place and will be protected as patient safety work products. Physician issues will continue to be evaluated on MSEC. There will be some overlap. Dr. Singh, Vice President of Medical Affairs will be a PSEC member.

6. CLOSED SESSION

Chair Carson announced that the items to be discussed in Closed Session are *Hearings/Reports* as listed on the closed session agenda. The meeting recessed into Closed Session under the Closed Session protocol at 9:35 a.m.

7. RECONVENE OPEN SESSION/REPORT ON CLOSED SESSION

The Committee reconvened for Open Session at 9:54 a.m. Chair Carson reported that in Closed Session, the *Hearings/Reports* were accepted as follows:

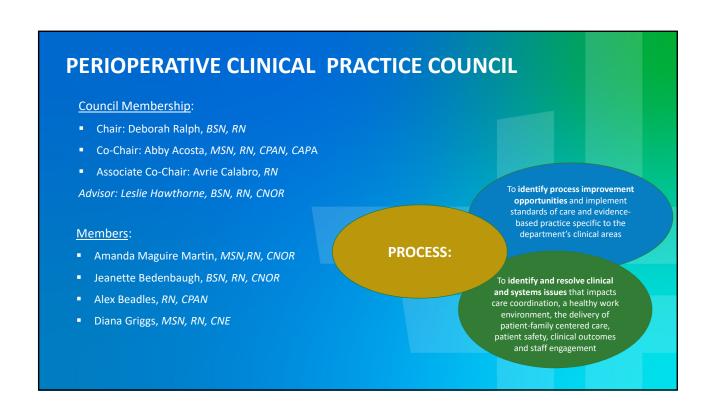
- 1. Quality and Safety Board Dashboard proposed changes
- 2. Quality and Safety Board Dashboard Review
- 3. Medical Staff Quality & Safety Committee Consent Agenda
 - Pharmacy and Therapeutics

8. ADJOURNMENT

There being no other business, the meeting adjourned at 9:55 a.m. The next Quality and Efficient Practices Committee Meeting is scheduled for **Monday, November 17, 2025** at 8:30 a.m.

Catherine Carson, Chair Quality and Efficient Practices Committee

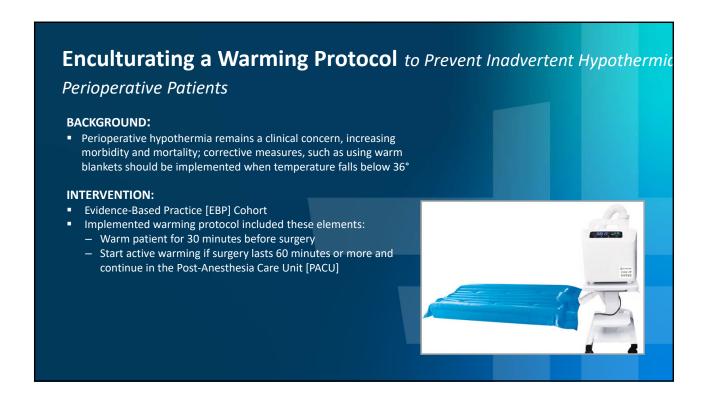


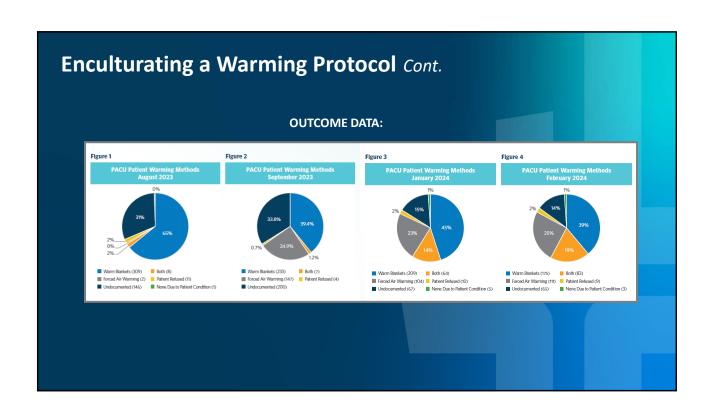


Topics:

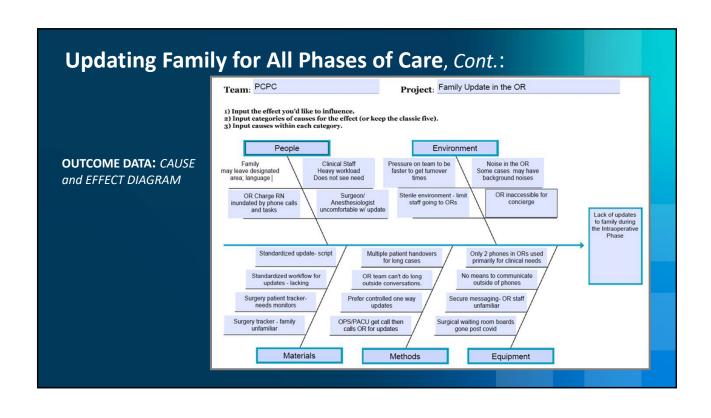


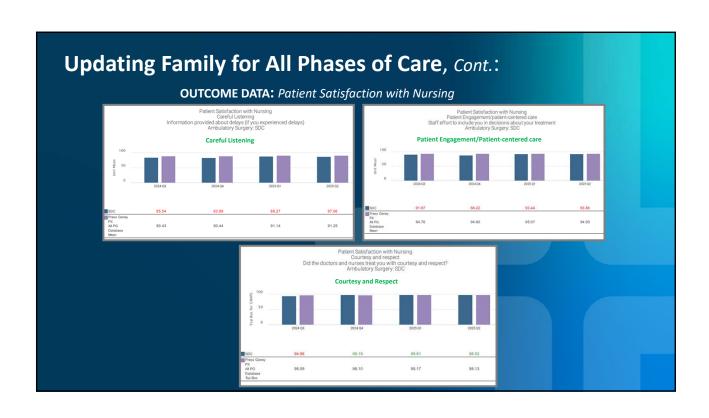
- Enculturating a Warm Protocol to Prevent Inadvertent Hypothermia in Perioperative Patients
- Updating Family for All Phases of Care

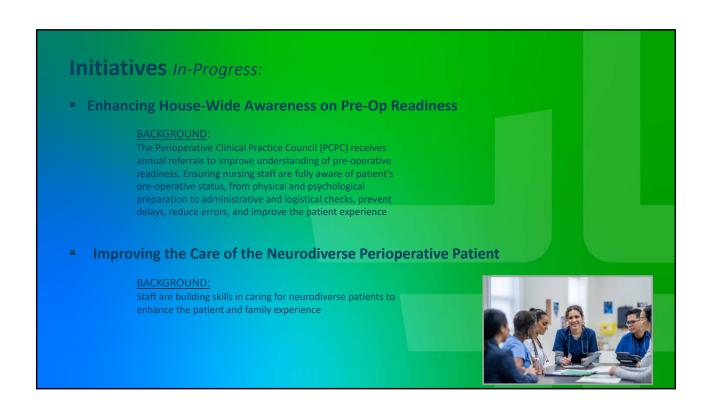
















Quality and Safety Committee

November 6th, 2025

Dr. Richard Gerber – Chair Quality and Safety Committee Kukla, RN, DNP, CPHQ Director Quality and Patient Safety/Patient Safety Officer





Safety Leadership Story

Today in human reliability we bring you the story of the panda Meng Er. He was separated from his mother very young and learned how to be a panda from humans at the Beijing Zoo. His humans grimaced when breaking the bamboo for feeding. Bamboo is strong and difficult for a human to break by hand. Meng Er is strong. Bamboo is easy to break. Yet Meng Er makes the face every time he breaks bamboo. That is how he learned the task. That is just how we do things around here. Make the face.

That is the **power of habit** in human reliability. **Teach safe habits** where you work, live, learn, and play. Safe habits protect you even when you're not thinking to protect yourself ... or others.

And, as all teachers know, habits are caught - not taught. Don't worry that your "students" don't listen to you. Worry that they are always watching you.



Report to QIC



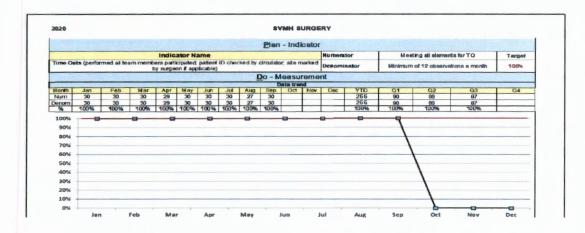
Aisha D. Huebner Director, Perioperative Services Date: October 15, 2025

Quality and Safety Goals 2025 + Salinas 1 **Perioperative Services**



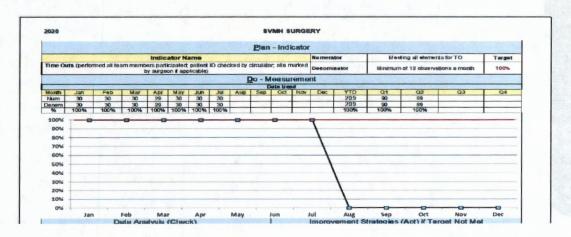
- Site Marking
- > Time Outs
- > Sharps Injury

Quality Control Data: Site Markings YTD (Jan-Sept. 2025) – 100%



Site Markings are 100% in the observations completed.

Quality Control Data: Time Outs YTD (Jan-July 2025) - 100%



Time out observation measure: 100%

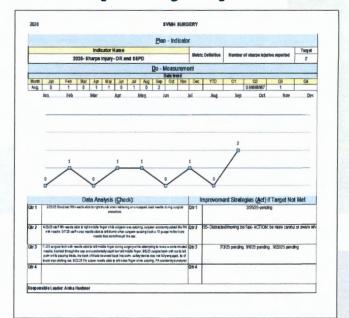
Quality Control Data: Sharps Injury

Quality Control Data: Sharps Injuries Q1, Q2, Q3

- February 1
- April 1
- May 1
- July 1
- September 2

Improvement Strategies:

- Individual communication
- · Group communication
- Focused education on safe sharps handling

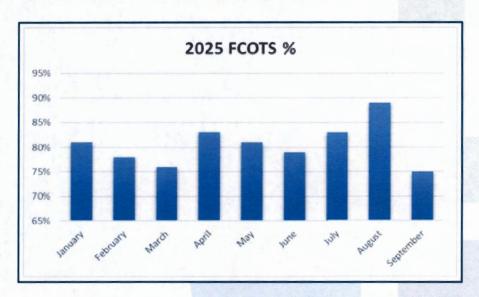


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Perioperative Services Metrics

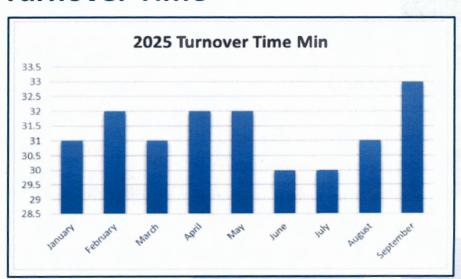
First Case On-Time Starts

- First Case Start for scheduled case is 0730
- All first cases are required to be in the room 5 minutes prior to the scheduled start time (0725)



Turnover Time

- Turnover Time refers to the interval between when one surgical case ends and the next begins
- Average benchmark across U.S. hospitals: 25-40 minutes



Nursing Practice and Unit Based Council Quality Initiatives

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ERAS Implementation – Total Joint Replacements

Go-Live: Dec 1, 2025

Implementation Process

- ERAS Steering Committee formed
- Collect baseline data (LOS, readmissions, opioid use)
- Standardize protocols & order sets
- Pre-op patient optimization & education
- Intra-op/PACU: multimodal pain management, early PT readiness
- Define discharge criteria & follow-up process
- Continuous review & pathway updates

Next: Expand to other service lines (Q2 2026)

What is ERAS?

Enhanced Recovery After Surgery (ERAS) is an evidence-based, multidisciplinary model of perioperative care designed to improve patient outcomes, safety, and efficiency across the surgical journey. It integrates best practices from surgery, anesthesia, nursing, pharmacy, rehabilitation, nutrition, and case management into a standardized pathway that minimizes the physical and emotional stress of surgery.



1

Core Principles

- Standardization of perioperative practices
- Patient optimization before surgery (nutrition, comorbidities, education)
- Multimodal pain management to reduce opioids
- · Early mobilization and functional recovery
- Continuous measurement for quality improvement

Why it Matters

- Shorter hospital stays
- · Lower complication and readmission rates
- Improved patient satisfaction and outcomes
- Supports efficiency and value-based care

1

Program Overview

- ERAS: Total Joint Replacement (TJR)
- Multidisciplinary approach: Orthopedics, Anesthesia, Nursing, PT/OT, Pharmacy, Nutrition, Case Management, Admin
- Program Goals:
 - Reduce LOS, readmissions, complications
 - Standardize protocols and order sets
 - · Improve patient experience and functional outcomes
 - Go-Live December 1, 2025

Key Pre-Implementation Steps

- Team Formation and Governance: ERAS Steering Committee
- Baseline Data Collection: LOS, readmissions, opioid use, complications, patient reported outcome measures (PROMs)
- Pre-Op Optimization:
 - Smoking cessation 6 weeks pre/post
 - BMI <40, A1C <8 (with PCP/LAMP support)
 - Health coaching and patient contracts

Patient Education: ERAS class and education (focus: hydration, mobility, discharge readiness)

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Intraoperative & PACU Protocols

- Intra-Op: Normothermia, mindful fluids, multimodal analgesia (Tylenol, Toradol, Decadron, TXA, RECK infiltration)
- PACU Priorities: Pain control, nausea prevention, hemodynamic stability, early PT readiness
- Standardization: Epic ERAS order sets for anesthesia, analgesia, antibiotics, and fluids

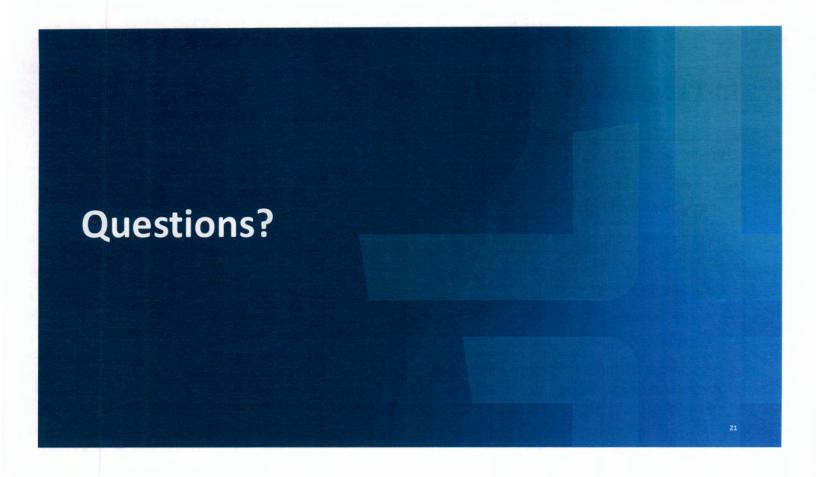
Discharge & Recovery

- Discharge Criteria: Pain controlled, nausea resolved, safe ambulation/ADLs (stairs included)
- · Barriers Addressed: Nausea, hypotension, pain, transport planning
- Patient Follow-up:
 - 24-48 hour post-discharge call
 - Clinic follow-up within 2 weeks
 - PROMs collection for QI

1

Continuous Improvement

- Monthly ERAS Review: LOS, readmissions, complications, patient satisfaction, PROMs
- Annual Pathway Updates: Evidence-based revisions
- · Education: Ongoing staff huddles, in-services, Epic tip sheet prior to go-live
- Strategic Impact: Standardized care, improved efficiency, patient-centered outcomes
- Implementation of subsequent service lines is scheduled for Q2 2026



Completed Projects/Initiatives

- Patient Warming Protocol Implementation
 - Standardized perioperative warming protocol established
 - Pre- and intra-op active warming now standard of care
 - Improved patient safety; protocol expanded beyond periop areas
- Enhanced intraoperative communication with real-time family updates
 - Evaluated and implemented intraoperative communication improvements
 - OR RNs use TigerConnect templates to send milestone updates via concierge
 - Waiting room monitors display real-time surgery patient trackers for families

In-Progress Projects/Initiatives

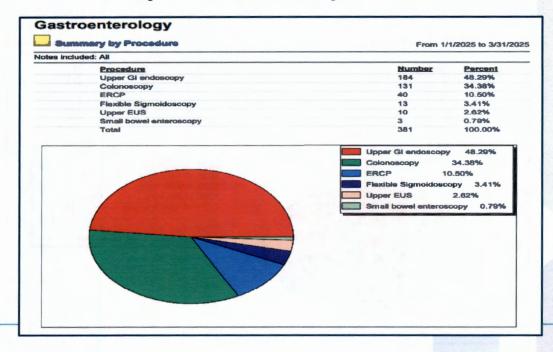
- Pre-op Readiness
- Identified gaps in pre-op readiness awareness among inpatient/ED staff
- Implemented multi-faceted intervention: education, tools, mentorship, audits
- · Goals and measures for tracking:
 - · 20% decrease in same-day cancellations
 - · Checklist compliance
 - Improved patient satisfaction reflected in Press Ganey Survey results

- Bee Mindful: Supporting the Neurodiverse Patient Experience
- Challenge: Staff lack confidence in managing neurodiverse patients, impacting patient and family experience
- Plan: Implement "Bee Mindful" protocols for all neurodiverse patients
- Measures: staff surveys, patient experience scores, and real-time feedback

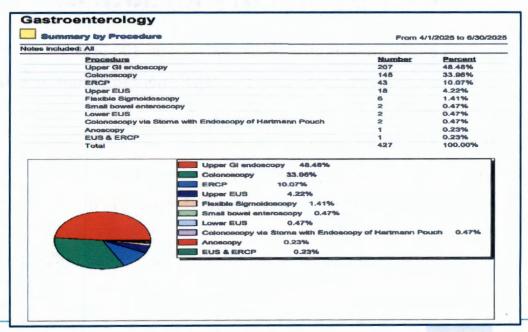
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Endoscopy

Quarterly Data: January 1 - March 31

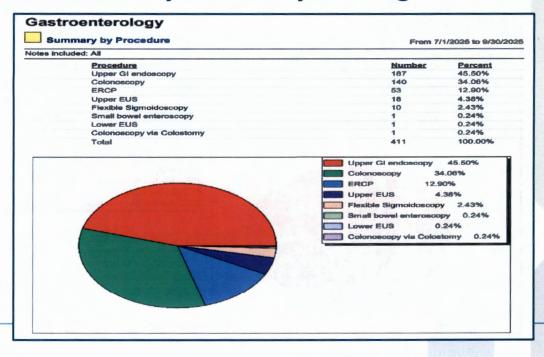


Quarterly Data: April 1 – June 30



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Quarterly Data: July 1 - August 31



Endoscopy Quality Initiatives

- All scopes are sent out for preventative maintenance after 100 uses.
 - Electronic and manual tracking within the department to ensure timeliness of scope maintenance.
- Implemented new process for scope cleaning efficacy.
 - The ChannelCheck, 3-in-1 Residual Soil Test for Internal Channels.
 - Used to detect any internal channel exposed to protein, hemoglobin, and/or carbohydrate during clinical use.
 - Testing is conducted after cleaning and prior to disinfection/sterilization.

Sterile Processing

Sterilization Summary Report

Month	Sets Sterilized	Peel Packs Sterilized
January	2,644	2,984
February	2,404	2,579
March	2,615	3,613
April	2,948	3,489
May	2,616	3,004
June	2,577	2,980
July	2,647	3,066
August	2,945	3,242
September	2,813	2,995
Total	24,209	28,952

Immediate Use Steam Sterilization (IUSS)

BI Pass Rate: 100%

Month	IUSS Events	Description / Reason	BI Resu
January	0		_
February	0		
March	0		
April	0		1 -
May	0		
June	0		
July	1	07/03/25 - Donor loaner instruments arrived late to SPD for processing	
August	0		
September	0		_

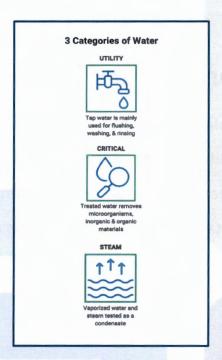
The national target for IUSS use of below 5% is a best practice recommendation based on AAMI guidelines, not a federally mandated standard.

3

Sterile Processing Department Quality Improvement Project Water System Upgrade

Why this Matters

- Reliable instrument cleaning is essential for patient safety.
- Current system is outdated and does not meet updated national standards.
- Risk: Potential contamination, equipment damage, and compliance issues.



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Project Goal

- Upgrade water system to meet current standards.
- Ensure consistent, high-quality instrument reprocessing.
- Support patient safety and regulatory compliance.



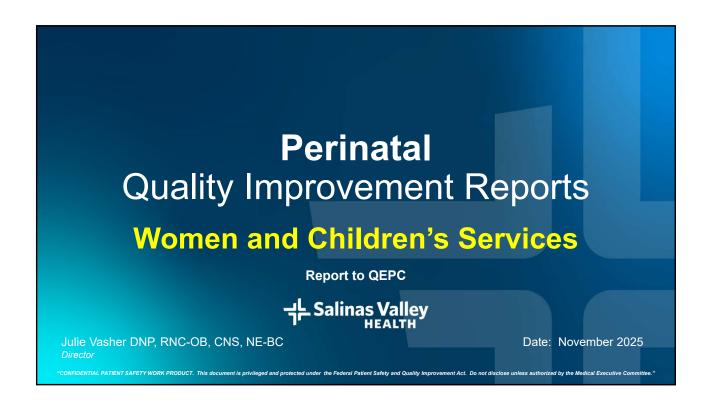
Improvement Plan

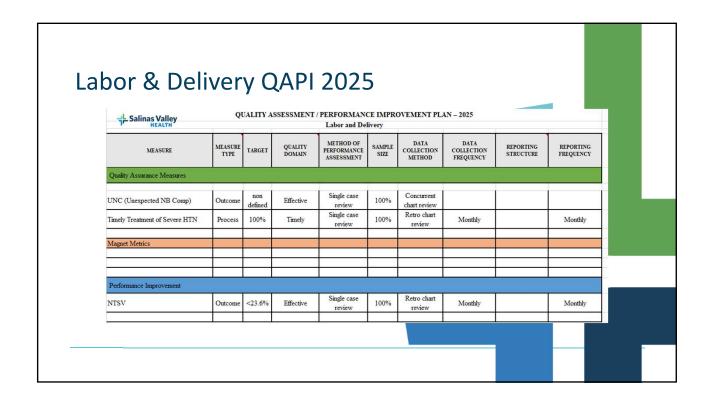
- Replace: Install new Reverse Osmosis water system.
- Validate: Test to ensure system meets quality standards.
- Educate: Train staff on monitoring and maintenance.
- Sustain: Ongoing routine checks and reporting.

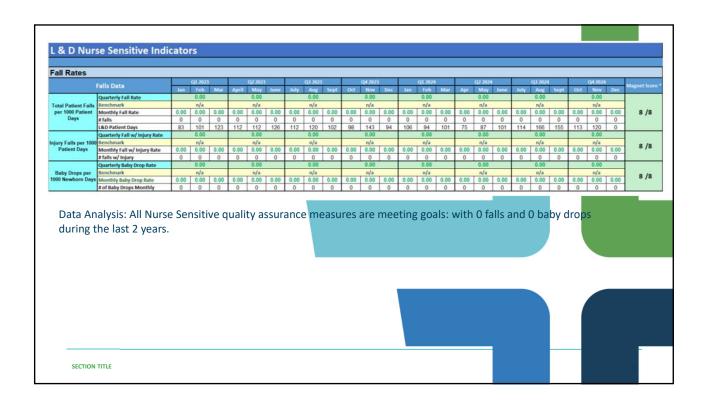
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Expected Benefits

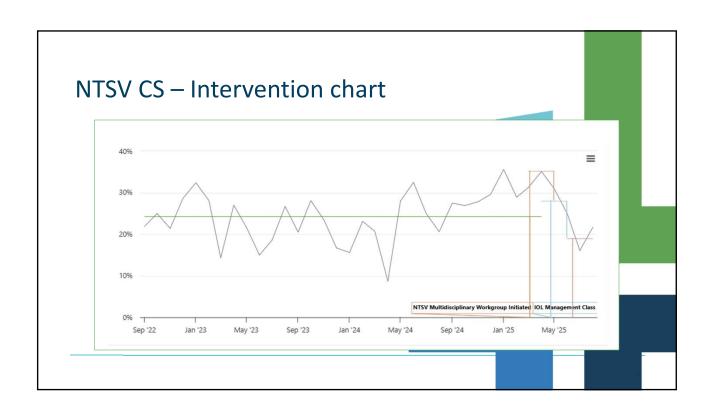
- Improved Patient Safety safer, cleaner instruments.
- Regulatory Compliance meet updated standards.
- Operational Efficiency fewer re-cleans, less downtime.
- Cost Savings protect instruments, extend equipment life.
- The project ensures SPD water quality meets AAMI standards, strengthening patient safety, compliance, and operational reliability.

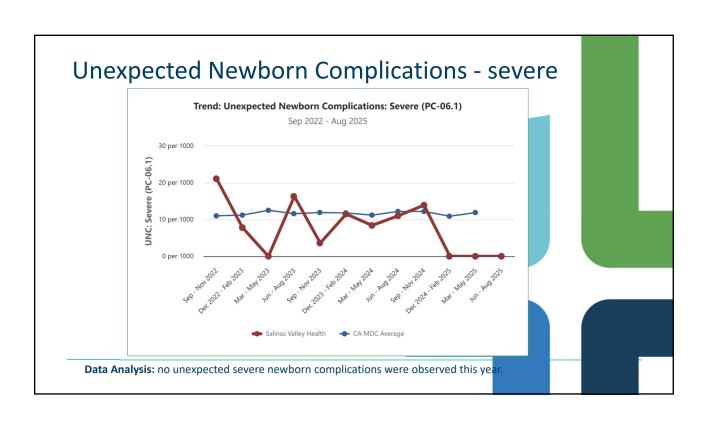


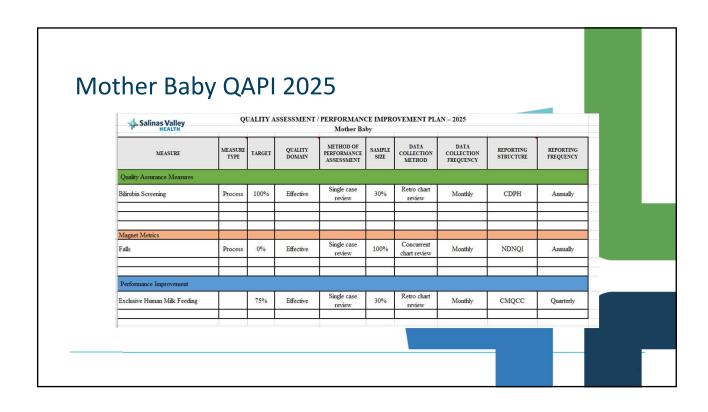


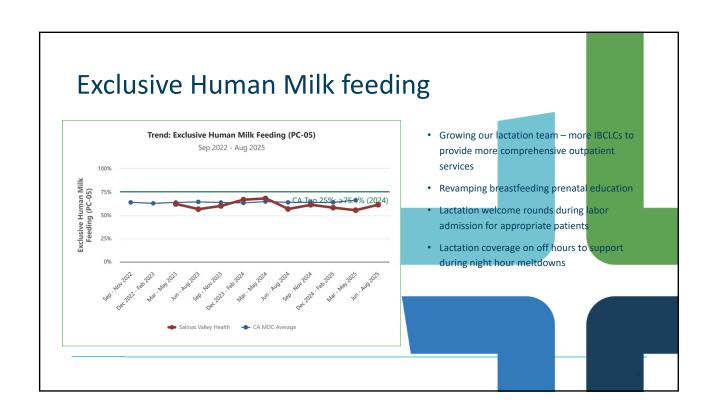


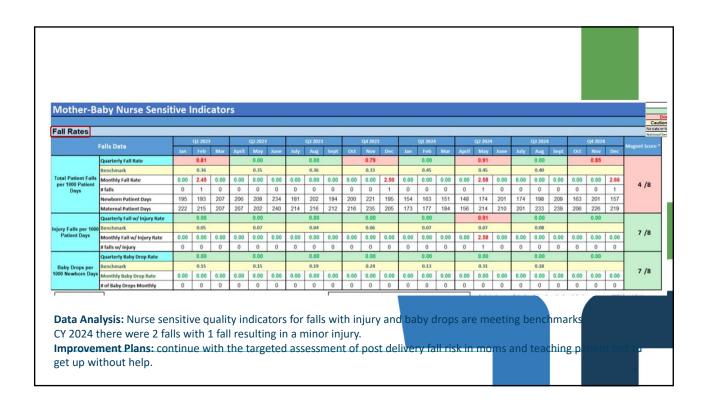


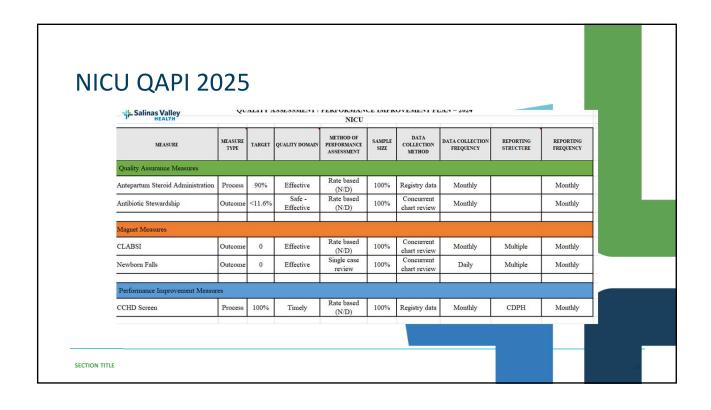




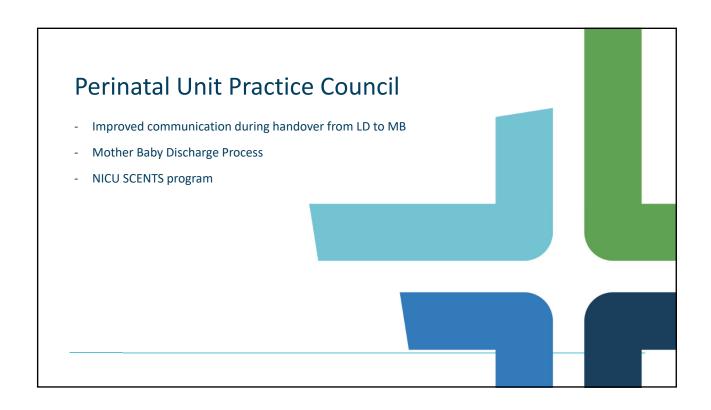


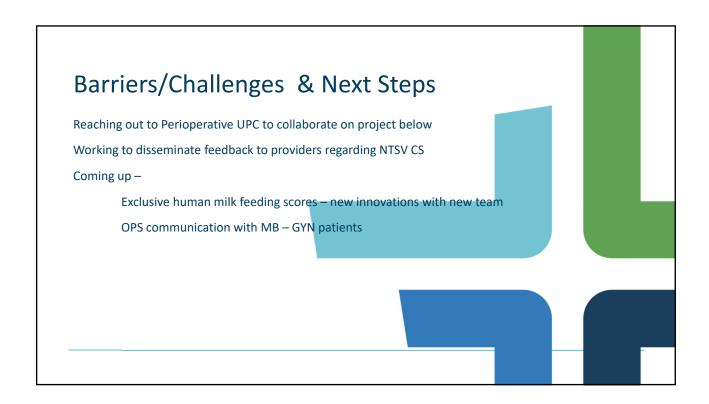


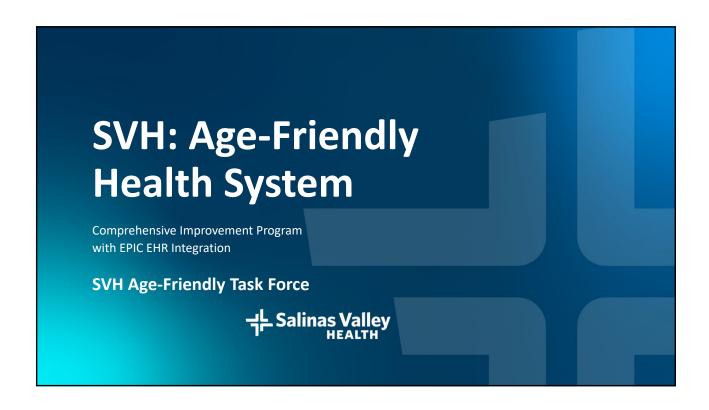




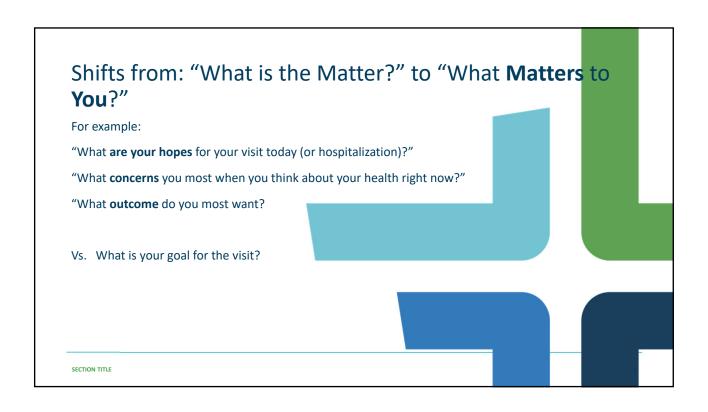
Fall Rates																						
	Falls Data		Q1 2023		Q2 2023		Q3 2023		_	Q4 2023		Q1 2024		Q2 2024		Q3 2024		Q4 2024		_	Magnet Score *	
		Jan	Feb 1	Vlar	April May	June		Aug Sept	Oct	Nov Dec	Jan	The same	Mar	Apr May	lune		Sept	Oct	Nov	Dec	Maria de la companya	
	Quarterly Fall Rate		0.00		0.00		0.00		-	0.00		0.00		0.00		0.00		0.00		_		
Total Patient Falls	Benchmark		0.00 0.00 0.00		0.02		0.04			0.01		0.00 0.00 0.00		0.01		0.00		0.00 0.00 0.00				
per 1000 Patient Days Injury Falls per 1000 Patient Days	Monthly Fall Rate	0.00	_	_	0.00 0.00	0.00	-	_	_	0.00 0.0	-	-	0.00		-	0.00	_	-	_	0.00	8 /8	
	# falls	0	-	0	0 0	0	0	0 0	0	0 0	0	0	0	0 0	0	0 0	0	0	0	0		
	Patient Days Quarterly Fall w Injury Rate	69	95 1	14	179 50	60	122	100 164	148	0.00	79	0.00	65	72 102	44	76 129		120	0.00	78	_	
	Benchmark		0.00		0.00		0.00			0.00		0.00		0.00		0.00		0.00				
	Monthly Fall w Injury Rate	0.00		00	0.00 0.00	0.00	_	0.00 0.00	0.00	0.00 0.0	0.00		0.00	0.00 0.00	000	0.00	_	0.00	0.00	0.00	8 /8	
	# falls w Injury	0.00	-	0	0 0	0.00	0.00	0 0	0.00	0 0	0.00	0.00	0.00	0 0	0	0 0	0.00	0.00	0.00	0.00		
Baby Drops per 1000 Newborn Days	Baby Drop Rate	Ť	0.00	-	0.00	_	_	0.00	Ť	0.00	Ť	0.00	-	0.00	1	0.00	_	Ť	0.00	_		
	Benchmark		0.00	_	0.00			0.01		0.01	_	0.00		0.00	_	0.00				\neg	8 /8	
	# of Baby Drops	0	0	0	0 0	0	0	0 0	0	0 0	0	0	0	0 0	0	0 0	To	0	0	0		
Hospital Acqu	ired Infection Rates								01													
	HAI Data	Jan	Q1 2023 Feb 8	Mar	Q2 2023 April May	_		2023 Aug Sept	_	Q4 2023 Nov Dec	lan	Q1 2024 Feb	Mar	Q2 2024 Apr May	lune	Q3 20. July Aug	24 Sept		Q4 2024 Nov	Dec	Magnet Score *	
Central Line Associated Blood Stream Infection per 1000 Central Line Days	Quarterly CLABSI Rate	-	0.00		0.00		_	0.00		0.00		0.00		0.00		0.00	_		0.00			
	Benchmark		0.56		0.30			0.76		0.41		0.27		1.67	\neg	0.00						
	CLABSI Monthly Rate	0.00	0.00 0	.00	0.00 0.00	0.00	0.00	0.00	0.00	0.00 0.0	0.00	0.00	0.00	0.00 0.00	0.00	0.00	0.00	0.00	0.00	0.00	8 /8	
	# of CLABSI for unit	0	0	0	0 0	0	0	0 0	0	0 0	0	0	0	0 0	0	0 0	0	0	0	0		
	Total Central Line Days	20	9	19	18 12	12	15	22 8	13	19 2	4	1	3	1 0	0	41 12	19	0	11	14		
Pressure Injui	ry & Restraint Use Rates	_				_			_		_				_			_		_		
HAP	l and Resraints Data	lan	Q1 2023 Feb 8	Mar	Q2 2023 April May			Aug Sent		Q4 2023 Nov Dec	Len	Q1 2024 Feb	Mar	Q2 2024 Apr May	hore	Q3 20.	Sept.		Q4 2024 Nov		Magnet Score *	
	% of HAPI Prevalence	-	0.00		0.00		0.00			0.00		0.00		0.00		0.00		0.00				
	Benchmark HAPI 2+		0.00		0.03		0.00			0.31		0.44		0.00		0.02						
Pressure Injury Stage 2 and above	# pts with Stage 2+ HAPI on Prevalence day (not mucosal)		0		0			0		0	Τ	0		0	\neg	0			0		8 /8	
	# of Patients Surveyed	-	1		0			3		3	-	3		2	\neg	5			1			
	# of pts with of mucosal PI		0		0			0		0		0		0	\neg	0			0			
Hospital Acquired Pressure Injury- Device Related	% of patients HAPI Device Related	0.00			0.00		0.00			0.00		0.00		0.00		0.00		0.00				
	Benchmark	0.00			0.13		0.10			0.13		0.34		0.00		0.06					0.40	
	# of pts w/ Device HAPI		0		0			0		0		0		0		0			0		8 /8	
	# of Patients Surveyed		1		0			3		3		3		2		5			1			

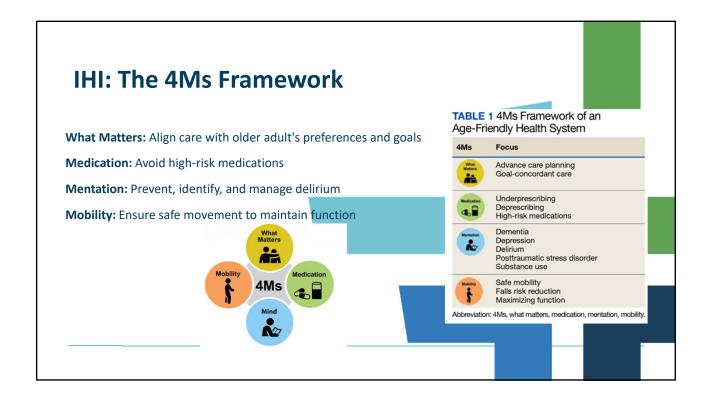


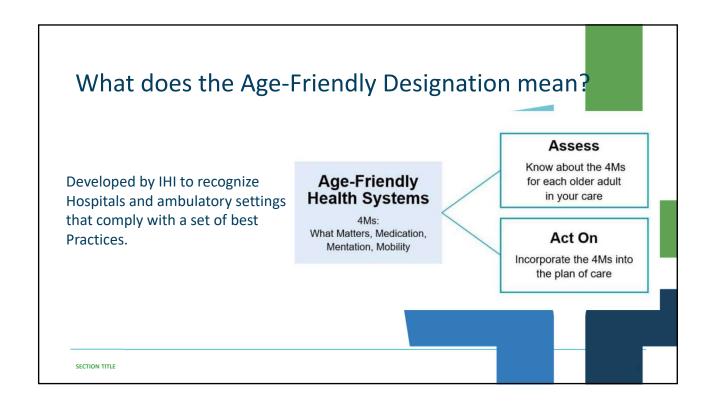




The John A. Hartford Foundation and the Institute for Healthcare Improvement (IHI), in partnership with the American Hospital Association (AHA) and the Catholic Health Association of the United States (CHA), set a bold vision to build a social movement so that all care with older adults is age-friendly care. This means all older adults receive care that: | Follows an essential set of evidence-based practices in a framework known as the 4M | Cause no harm | Aligns with What Matters to the older adult and their family caregivers







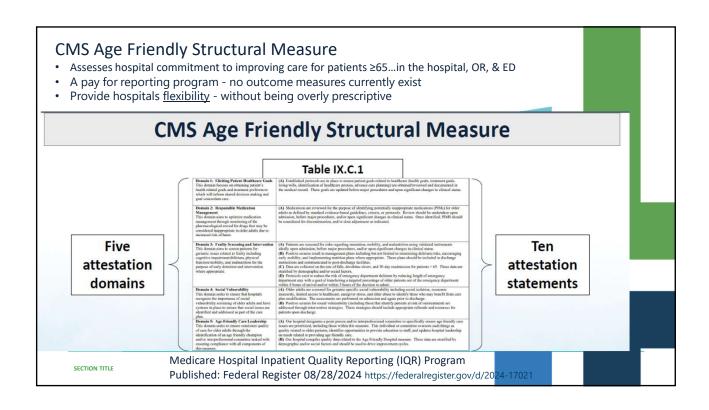
Age Friendly Designation from IHI- not mandated by CMS

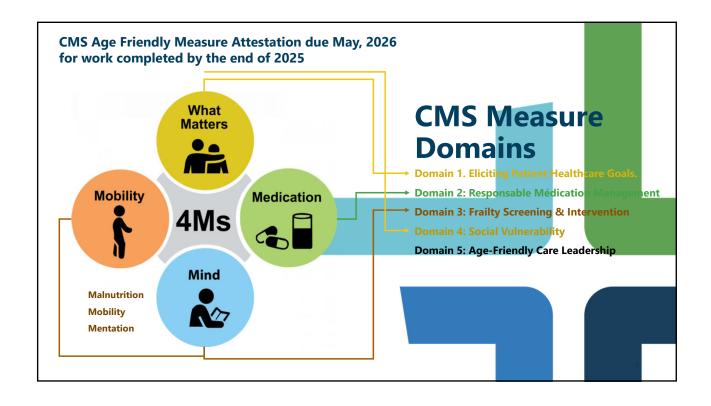
Recommended steps

- 1. Understand your current state.
 - Know the older adults in your health system.
 - Know the 4Ms in your system.
 - Select a care setting
 - Set up a team.
- 2. Describe care consistent with the 4Ms.
 - · Set an aim.
- 3. Design or adapt your workflow.
- 4. Provide Care.
- 5. Study your performance.
- 6. Improve and sustain care.

Application Completed in 2 stages:

- 1. Self assessment & basic structural data collection and analysis (geriatric population)- COMPLETED
- Data collection post implementation
 Of the 4 M's process measures for
 months. Submission to IHI. –IN PROGRESS







Phase 1. Building the System 4Ms System building Q4 2023 - Nov 2025 Project Kickoff and Team Setup: Falls committee rebranded as Mobility Committee and BMAT as a mobility tool implemented 2024-2025 Implementation of Meds that ring the Bell (BEERS criteria) to address the Medication part of the model Mentation (Delirium Task Force): implemented Delirium screening, order sets, and interventions completed in 2024 Age Friendly Task Force created - Q3 2025 1. Patient Engagement Tools Integration- white board- COMPLETED 2. Integration of Screening Tools In Meditech and Epic (Cognitive, Mobility, Medication) - COMPLETED 3. Epic EHR Customization for 4Ms - FIELDS ARE BUILT, DATA CAPTURE IS IN PROGRESS 4. CMS requirement: Social vulnerability screening – added to Meditech and is part of Epic- COMPLETED

Phase 2. Staff Awareness & Engagement 1. The program will commence on December 1-30, 2025, to give way to EPIC Go Live 1. Staff Training on Age-Friendly Care Protocols 2. Map out Age Friendly Documentation data elements for a dashboard- IN PROGRESS Care Plans Documentations Medication Review Frailty Screening and Interventions Mobility Documentation Mentation Documentation Social Vulnerability Screen 3. Continue Implementation of What Matters to you 4th M

